

Learning to Communicate Colossians 4:6 (NKJV)*; Various Scriptures

Sermon Series: Learning to Master Yourself

*All Scripture is NKJV unless otherwise noted.

Colossians 4:6

- *“Let your speech always be with grace, seasoned with salt, that you may know how you ought to answer each one.”*

I. 5 Levels of Communication

- Paul begins v.6 by saying, “*Now let your speech always be with **grace**...*”
- Level 5 Communication: *Cliché Conversation*

5 Levels of Communication

- Level 4 Communication: *Reporting Facts About Other People*
- Proverbs 26:22 says, “*Where there is no wood, the fire goes out; and where there is no talebearer, strife ceases.*”

5 Levels of Communication

- Level 3 Communication: *Sharing of Ideas*
- Level 2 Communication: *Revealing Real Feelings and Emotions*
- Level 1 Communication: *Peak Communication*

II. The Secrets of Communication

- Paul continues in v.6 by saying, “*Let your speech always be with grace, seasoned with salt...*”
- “Seasoned with salt” means that Christian conversation is to be marked by purity and wholesomeness.

1. 4 Deadly Phrases to Avoid with Your Children

- “When I was your age...”
- “You just don’t understand...”
- “Why can’t you be more like...”
- “This is God’s will...”

Secrets of Communication

- 2. Listen to Your Conscience
- JOB 27:6 (NIV) *says, “I will maintain my righteousness and never let go of it; my conscience will not reproach me as long as I live.”*

How does our conscience affect our communication?

- Remember Paul says in Col. 4:6, “*Let your speech always be with grace, seasoned with salt, that you may know how you ought to answer each one.*”
- Conversation must be appropriate for each person to whom we speak.

Secrets of Communication

- 3. The Ezekiel Method of Communication:
“Put Yourself in Someone Else’s Shoes.”
- Ezekiel wrote in 3:15, *“I sat where they sat.”*

Secrets of Communication

- 4. Speak the Truth in Love
- Paul told the Ephesians to “*Speak the truth in love*” (Eph. 4:15).

- The Bible clearly says in 1 Samuel 12:23,
“Far be it from me that I should sin against the Lord in ceasing to pray for you.”

Invitation